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Subject: Newsletter - Manifesting Fulfilment Part Two - El Morya



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## News

Hi Hjh

Part two of this channeling from El Morya as promised, part three will follow next week. In the meantime, have a fantastic week.

If you missed any of our previous newsletters you can find the archives at: - <http://www.angelguidedmeditations.com/newsletters-16-w.asp>

Blessings

Jill xx.

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## Channelled Message: **Ascended Master El Morya** - **Manifesting Fulfilment - Part Two**

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El Morya: Blessings! Today we shall continue with our previous discussion on fulfilment, and how belief affects your ability to achieve that which you set your mind to, however, now you hopefully have grasped the importance of thought and belief, you will now focus on the next key ingredient.

Let us assume for one moment, that every time you had a thought, you instantly were given what you wanted. Do you think you would be happy? If every time you stepped out of your doorway, wherever you went, people wanted to shake your hand, and tell you how great you were; after a period of time, how do you think you would really feel?

You see, the more you have instant gratification, if it continues again and again, and again; you get fed up, bored, tired of the same old thing. So what is the missing ingredient?

Fulfilment! Your ability to manifest, is dependent upon you 'feeling' you have achieved something. When you have achieved something, the feeling of pride, accomplishment, ensures that you value what you have just achieved. Without achievement, fulfilment does not last, and so to help you achieve a sense of accomplishment, to achieve the feeling of fulfilment; God, light, the one-conscious energy created a little voice to push you, to try to get you to show others just what you were made of, and that little voice is known to you as 'Ego'.

Now I know that for many of you who read spiritual books, religious books, personal development books, you are often told that your ego is bad for you, that you shouldn't have it, but I say, "Nay!". Why would you be given something that you didn't need?

Every time you decide to do something, and that little voice inside your head is telling you that you can't do it; this is your flag; this is your gauntlet that has been set down to challenge you to the duel of achievement. It is *your* decision whether to allow your ego to win this challenge, or for you to say, "Oh yes I damn well can!"

The ego is the voice of challenge. It is your internal competitor, and despite the voice that tells you you can't, it is in fact, the spiritual guide which highlights the problems you have with your own belief.

Now, recognise that everyone you meet is riddled with fear. I can hear some of you say, "I'm not!" But whether you fear rejection, failure, being wrong, afraid of success, afraid for your life, your family, your children; your ego, when it challenges you, is bringing to the fore, the very belief that makes your life difficult; and it is your ego that is alerting you to the fact that you cannot move forward until you defeat that belief. So you see, ego is not working against you, dearest ones, it is the spiritual guide that alerts you to that which you do not wish to face. It is only when you ignore what needs to be done, and that you give in and believe the voice of your ego, that you enter into and manifest chaos.

So let us say that you are going to an interview for the job of your dreams. You arrive at the company, and when you are shown to a room, you find yourself sitting there with other people applying for the job. As you nervously glance around the room, your ego reminds you that they look smarter than you, and then you notice they appear to be more confident than you. One by one, the others are led into the interview room, and your ego says to you, "You're not going to get this job, why should they hire you?"

Now there are lots of people who will crumple, give in, and believe they have failed before they have even had the interview. This type of person 'believes' that others are in control of their ability to move forward.

A co-creator, however, will begin to think of all the reasons why they should be hired. They will keep all these reasons at the fore-front of their mind when they enter the room for the interview. A co-creator will acknowledge, "That's a good point, ego, I should be thinking of all the reasons why this company

should hire me.” Try to understand this, and always keep it at the forefront of your mind. It is never the *experience* you are afraid of. It is your ‘beliefs’ *about* the experience that makes you scared. Learn to use your ego to bench-mark your progress. Always acknowledge your ego, and be prepared to change your course of direction, if necessary.

So now you are learning to work with your ego, instead of against it. What else do you need in your magic tool box to bring about creating fulfilment? Well, it is important, as Archangel Metatron has said, to maintain balance, but for some reason, so many of you hold the belief that, in order to have something, you must be willing to sacrifice something else. As an example, a bright female executive may feel she has to choose between her career and having a family. A successful sportsman may feel that he doesn’t have time for a family, if he is to continue to be at the top of his game. Somewhere within the depths of hearts, many of you ‘believe’ that you can’t have it all. So what if I told you, you could?

Because when it comes to manifestation, remember, you are the Managing Director of your own personal business called LIFE. You can decide who to hire, what to do, how to do it, and create your business plan, which details exactly how you can have everything you want.

Whilst ever you believe that, to have something, you must be willing to let something else go, you cannot become a master of manifesting. The world is light-energy. Although your coffee table may appear hard and sturdy, it is in truth, particles of light, condensed, vibrating at a specific vibration, thereby giving the ‘illusion’ that it is real. You; everything around you, is made up of light and water vapour. So rather than focusing upon manifesting a particular item, let us look more to becoming the magnet which draws to us that which we desire.

Money is something that is believed to be the answer to nearly every problem, however, money cannot buy you time, it cannot buy you your health, and it certainly won’t buy you love. You may attract the perfect hot hunk or tottie with your money, but I can guarantee you that it isn’t you they love. What they love is what you can give them; and there lies the difference.

However, let us say that you desire money. You need to get out of debt, put a little towards the education of your children and ease the stress of life in general. How do you create and manifest money? Well, you could manifest a printing press, but that would take too long. So what you do?

Well, as I said, money is energy, and the law of the universe has some very strong laws which cannot be changed; but before I digress, I want you to consider how you view money. You need to be able to identify the type of relationship that you have with money.

If you hold the belief that money is hard to come by, then rest assured, the universe will mirror your belief, because everything is energy. If you are a part-time optimist, but hold the belief that every time you have any spare money, something comes along to take your spare money, guess what? Yes! Thy belief is resonated throughout the universe and returned back to you.

It would help you greatly to journalise, and spend time looking at the role models in your life, and what they taught you about money. Perhaps your father was a hoarder of money; wouldn’t spend it, kept it hidden from the rest of the family, and it was something that wasn’t discussed. Perhaps your mother spent what she had, and saved a little for a rainy day. Try to see which money behaviour you have absorbed from your parents, or carers, and ruminate on the times you have had money, and how the universe mirrored your beliefs about what happened to this money.

As an example, those who do not value money, lose it very quickly, and to prove this point, you need only look to many of those people who have won the lottery. Another person who is destined to lose their money, is someone who hoards it. Now you may wonder how this can be, but as I said, money is energy, and if you do not allow energy to flow, then you create stagnation, and when you have stagnation, there isn’t any room for growth. So you have to learn to use it, otherwise you run the risk of losing it.

To help you really get what I am saying, if money is energy, and you are energy, and the law of the universe works on balance, what you give out, you get back, then, by ensuring your relationship with money is healthy, and you

circulate your money to help create further prosperity, not just for yourself, but for others too, what energy do you think the universe will return back to you?

Let us say that you go out shopping in town, and you come across a beggar in the street. Do you cling to your money in your pocket, or do you take out some and give this to the beggar? If you take into consideration the law of tithing, and the law of circulation, that whatever you give out, you receive back tenfold; if you give this poor soul £1.00 (\$1.50) what do you think the universe will do? Yes, send you back, through some other means, £10.00 (\$15.00).

Now I know some of you will think I am pulling your leg, but El Morya kids ye not. If you want to manifest, do not focus your energies on getting, this will only lead you down a spiralling pathway to nothing. Focus your energies on giving, and in the giving, you will also receive.

The law of cause and effect is always in play, you are the cause in your life; your thoughts, your beliefs, your actions, determine the effects. A good way to see the law of cause and effect, the law of circulation, and the law of karma in action, I will use an example Milady here uses. When you are young and single, and you are getting ready to go out for a night on the tiles, and you say to yourself, "I really want to find a hot date tonight," when you eventually go out, you never meet anyone, and you end up coming home feeling unappreciated, unattractive, and put off by the opposite sex. The following week, you forget about attracting a mate, and you end up having a fantastic time with your friends only to keep getting interrupted by possible suitors, and you think to yourself, "Where were you last week?" Why does this happen? Because you took your focus off 'getting', and were just enjoying your night, giving yourself to your friends and enjoying the evening.

Learn to focus upon giving, and once you have given, let go, and let the universe do what it does best. A word of warning though! Remember, you are energy. If something is given with only the desire to gain, then the energy you are sending out into the universe will not help you manifest fulfilment.

..... to be continued!

Even though you may be financially struggling at the moment, begin to test the universe. Even if it is only 50p or 50c, give with love, to something you believe in. A local children's charity, a local hospice, an animal sanctuary, sponsor a child, sponsor a dog. Give and recognise that the law of circulation, karma, cause and effect, will ensure that somewhere along the line, the abundance you are giving out, will be returned to you ten-fold.

I shall bid thee farewell for now, but I shall return to continue helping you all to become a co-creator.

Be of the light.  
El Morya..

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